- When to Plant:
- RP Day/Hour
- Moon in Water/Earth Element Sign
- Sow Aerial Focus After New Moon
- Sow Root Focus After Full Moon
- Moon in 4th/10th House
- Moon Applying Aspect to RP
- Ruling Planet in Dignity
- RP in Angular House (1,4,7,10)

- When to Harvest
  Sun in Aries or Sign of RP
- +RP Day/Hour (Sunrise Hour/ Conj Asc)
- Moon in (Day) Sign of RP (or Trine RP Sign)
- Aerial Focus before Full Moon
- Root Focus before New Moon
- Moon Applying Aspect to RP
- RP in Angular House (1,4,7,10)
- Ruling Planet in Dignity

Preparation of Medicine
+RP Day/Hour
- Waxing Moon applying aspect to RP
- Moon in Sign of Body Part being treated
- Sun in Sign of RP
- Sun, Venus, Jupiter in 1st / 10th House

Administration of Medicine
+RP Day/Hour
- Waxing Moon (Building) Applying Aspect to RP
- Moon in Sign of Body Part being treated
- (Opposite to Elections for Surgery)
- Not in Capricorn or Taurus
- (Cud-Chewing associated with Vomiting / Allergic reactions)
- Sun in Sign of RP
- Sun, Venus, Jupiter in 1st/ 10th house

Culpeper's Astrological Formulation
Fortify Ruling Planet of the Ascendant Sign.
- Ruling Planet of the 12th House (Antithetical to 6th House)
- Nature of the Ascendant Sign (rather than Ruling Planet of)
- If RP of 10th house is Well Placed, make use of Energy
- (If Not, Rely on Nature of Sun, RP of Sun Sign)
- Fortify Primary Complaint/Body Part (Majority of Formulation)
- Nourish and Strengthen The Sun/Heart

"To such as study astrology, who are the only men I know that are fit to study physick [medicine], *physick without astrology being like a lamp without oil."*
-Nicholas Culpeper

- Further Resources
  AWAstrology@gmail.com
  facebook.com/AWAstrology
  IG: @continuouslife
- Astro.com
- Planetwatcher.com
- Astrology.com.tr/planetary-hours.asp
- Time Passages (App)
- The Astrology Podcast
- Exploring Astrology Podcast
  The Plant Path – Sajah Popham's Podcast
- https://www.evolutionaryherbalism.com
- Judithhillastrology.com
  Kira Sutherland
  Astrologyofhealth.com
- http://www.medievalastrologyguide.com/table-of-herbs.html
- Culpeper's Complete Herbal

AWAstrology.com/resources